Equine Assisted Psychotherapy (EAP) & Learning
Informed Consent To Treatment

Sessions are facilitated by a team of two trained professionals: a mental health professional (Susan LaFreniere) and a horse professional (Joni Gleason).

Susan LaFreniere, LMSW, ACSW, CDP and Joni Gleason of Heritage Hills are part of The EAGALA Network of more than 4,400 Mental Health Professionals and Equine Specialists in 50 countries. EAGALA professionals are trained and credentialed to offer The EAGALA Model exclusively to their clients. Horses are uniquely sensitive to the feelings of those around them and respond in ways which reflect aspects of ourselves and our relationships. The EAGALA Model is an innovative, ethical set of best practices that builds on the human/horse connection to help people learn more about themselves and to use that learning to change their lives.

Fees: Professional counseling fees apply. In addition, a $60 per individual session for the Equine Professional applies.

Cancellation Policy: Failure to cancel 48 hours prior to your appointment or a no show will incur a $50 fee. We appreciate your respect for our time.

Location: Heritage Hills Farm. Please park in the parking lot and wait by your vehicle until we come and get you. We might be in a session and want to maintain privacy for all clients. Feel free to text me that you have arrived.

EAP Sessions, Privacy and Confidentiality: As with traditional therapy, your personal information will remain confidential. Since EAP is the kind of therapy that you learn by doing, an intern might also be part of your team and be made aware of your history and goals for treatment. These team-members are trained in how to handle confidential information. In addition, since your Equine Assisted Session is on a working farm, it is possible that someone might stop by during your session. Please know that we will attend to this as quickly and with as little interruption as possible, should it happen during your session time.

Hold Harmless agreement: Although it is unlikely that you will be injured during our work with the horses, it is possible. In agreeing to participate in Equine Assisted Therapy, you also agree to abide by the Michigan Equine Liability Act which states “Under the Michigan Equine Activity Liability Act, an equine professional is not liable for an injury to or the death of a participant in an equine activity resulting from an inherent risk of the equine activity.”

Having read the above, I, ______________________ agree to participate in Equine Assisted Psychotherapy with Susan LaFreniere in conjunction with Joni Gleason/Heritage Hills and assume full responsibility for my physical safety while on the farm. I agree to pay the fees involved and understand the cancellation policy. I understand that some of my history and personal information may be shared with staff members as necessary to accomplish my treatment goals. I further understand that photos of myself will not be taken or released without my express consent noted above. I understand these statements also apply to any minors to which I am guardian.

Signature: ______________________ Date: __________